



NARCOTICS ANONYMOUS

PHONE MEETING SCHEDULE

EASTERN TIME ZONE

AUGUST 2016

Our Website:

naphonemeetings.blogspot.com

Meeting Format Codes

BT	BASIC TEXT STUDY
BEG	BEGINNER \ NEWCOMER
CL	CLOSED - ADDICTS ONLY MUST INTRODUCE SELF
CPT	12 CONCEPTS STUDY
DISC	DISCUSSION/PARTICIPATION
IP	IP STUDY
IW	IT WORKS STUDY
JFT	JUST FOR TODAY
LIT	LITERATURE STUDY
LC	LIVING CLEAN STUDY
M	MEN
QA	QUESTIONS & ANSWERS
SPK	SPEAKER/PARTICIPATION
STEP	STEP STUDY
SWG	STEP WORKING GUIDE STUDY
TOP	TOPIC
TRAD	TRADITION STUDY

NA Phone Meetings Mission

We are recovering addicts who meet regularly on the telephone to help one another stay clean. Our mission is to provide Outreach meetings as another tool to stay clean and help isolated addicts stay in touch with the mainstream of the NA fellowship.

Tradition Three states:

The only requirement for membership is a desire to stop using.

Many recovering addicts do not have access to regular meetings because of incarceration, geography, physical disability, or employment. These addicts are members in every respect as long as they have the desire to stop using, and they are entitled to the same consideration and support as any other member (It Works How and Why, p. 146).

All meetings are registered with Narcotics Anonymous World Service (NAWS). Each phone meeting is formed by a group of addicts - groups and service committees are administered by NA members - for members. Each group is autonomous, holds its own group conscious and the Twelve Concepts of NA.

Phone meetings were created for addicts who are unable to attend outside meetings due to illness, limited child care, work demands, transportation issues or any other life circumstances. Narcotics Anonymous suggest you go to meetings often and stay clean. Please join us if you are interested in participating in meetings with people from around the world!

Long-Distance Charges Apply

Telephone calls are NOT toll-free. International and long-distance charges apply to the caller. Please be mindful of your long distance contract or cellular minutes.

Phone Etiquette

Your phone has been muted on most meetings to establish an atmosphere of recovery for the meeting. Please press *6 to check when you enter; a prompt will inform you whether your phone is muted or not.

To read or share please press *6 to un-mute; afterwards please press * 6 again to mute your phone.

When un-muting your phone to share, please listen for a second or two after pressing the keys to avoid interrupting others speaking and help maintain the atmosphere of recovery.

SUNDAY**MONDAY**

12MID - 1:30AM RECOVERY 9-1-1
(641) 715-3605 845687#
VAR

7:30 - 8:30AM

WHAT A WAY TO START A DAY!
(712) 432-0075 299757#
JFT

8:40 -10:10AM SPIRIT OF GRATITUDE
(641) 715-3655 848885#
VAR

8:40 - 9:40AM

SPIRIT OF GRATITUDE
(641) 715-3655 848885#
VAR

8:40 -10:10AM SPIRIT OF GRATITUDE
REVISED
(641) 715-3610 890926#
VAR

8:40 - 9:40AM

SPIRIT OF GRATITUDE REVISED
(641) 715-3610 890926#
VAR

11AM - 12:30PM RECOVERY CONTINUES
(641) 715-3605 343267#
TOP \ DISC

10:30 - 11:30AM

ONE PRIMARY PURPOSE
(712) 432-0075 571968#
STEP

2:00 - 3:30PM ONE PRIMARY PURPOSE
(712) 432-0075 571968#
LC

12 - 1:30PM

RECOVERY AT NOON
(267) 507-0420 6213845#
LC

5:00 - 6:30PM WE RETURN HOME
(415) 464-6800 2221085#
VAR

7:00 - 8:30PM

RECOVERY CONTINUES
(641) 715-3605 343267#
BEGTOP

7:00 - 8:30PM RECOVERY ON THE GO
(712) 775-7031 907811#
TOP \ DISC

9:00-10:30PM

HISTORICAL SIGNIFICANCE
(605) 562-3140 108786#
LC

8PM - 9PM THE BRIDGE
(712) 832-8320 387870#
TOP \ DISC

10:00 - 11PM

THE BRIDGE
(712) 832-8320 387870#
TOP \ DISC

10 - 11:30PM WE DO RECOVER
(712) 432-0075 882851#
VAR

TUESDAY

7:30 - 8:30AM WHAT A WAY TO START A DAY!
(712) 432-0075 299757#
JFT

8:40 - 9:40AM SPIRIT OF GRATITUDE
(641) 715-3655 848885#
VAR

8:40 -10:10AM SPIRIT OF GRATITUDE REVISED
(641) 715-3610 890926#
VAR

10:30 - 11:30AM ONE PRIMARY PURPOSE
(712) 432-0075 571968#
TRAD

1:00 - 2:30PM WE RETURN HOME
(415) 464-6800 2221085#
VAR

5 - 6PM MORE WILL BE REVEALED
(605) 562-3140 942839#
DISC

7:00 - 8:30PM RECOVERY ON THE GO
(712) 775-7031 907811#
LIT \ 1 STEP 2 TRAD 3 CPT 4&5
TOP\DISC

9PM - 10PM THE BRIDGE
(712) 832-8320 387870#
TOP \ DISC

11 PM - 12:30AM TUESDAY LIVING CLEAN
(712) 432-0075 882851#
LC

WEDNESDAY

7:30 - 8:30AM WHAT A WAY TO START A DAY!
(712) 432-0075 299757#
JFT

8:40 - 9:40AM SPIRIT OF GRATITUDE
(641) 715-3655 848885#
VAR

8:40 -10:10AM SPIRIT OF GRATITUDE REVISED
(641) 715-3610 890926#
VAR

10:30 - 11:30AM ONE PRIMARY PURPOSE
(712) 432-0075 571968#
CPT

12 - 1:30PM RECOVERY AT NOON
(267) 507-0420 6213845#
TOP \ DISC

5 - 6PM MORE WILL BE REVEALED
(605) 562-3140 942839#
DISC

7:00 - 8:30PM RECOVERY ON THE GO
(712) 775-7031 907811#
TOP \ DISC

8:00 - 9:30PM LOVING OUR LONGTIMERS
(605) 562-3140 108786#
SPK

9PM - 10PM THE BRIDGE
(712) 832-8320 387870#
TOP \ DISC

10:30 - 12:00PM RECOVERY CONTINUES
(641) 715-3605 343267#
TOP \ DISC

THURSDAY

7:30 - 8:30AM WHAT A WAY TO START A DAY!
(712) 432-0075 299757#
JFT

8:40 - 9:40AM SPIRIT OF GRATITUDE
(641) 715-3655 848885#
VAR

8:40 -10:10AM SPIRIT OF GRATITUDE REVISED
(641) 715-3610 890926#
VAR

10:30 - 11:30AM ONE PRIMARY PURPOSE
(712) 432-0075 571968#
STEP

12:00 - 1:30PM RECOVERY AT NOON
(267) 507-0420 6213845#
TOP \ DISC

7:00 - 8:30PM WOMEN DO RECOVER
(267) 507-0420 4201159#
W \ VAR

7:00 - 8:30PM MEN'S TALK
(605) 475-3250 817115#
M \ DISC

9:00 -10:30PM EACH ONE TEACH ONE
(712) 775-7035 895350#
CL \ LIT

10PM - 11PM THE BRIDGE
(712) 832-8320 387870#
TOP \ DISC

FRIDAY

12MID - 1:30AM RECOVERY 9-1-1
(641) 715-3605 845687#
VAR

7:30 - 8:30AM WHAT A WAY TO START A DAY!
(712) 432-0075 299757#
JFT

8:40 - 9:40AM SPIRIT OF GRATITUDE
(641) 715-3655 848885#
VAR

8:40 -10:10AM SPIRIT OF GRATITUDE REVISED
(641) 715-3610 890926#
VAR

10:30 - 11:30AM ONE PRIMARY PURPOSE
(712) 432-0075 571968#
TRAD

12NOON - 1:30PM RECOVERY AT NOON
(267) 507-0420 6213845#
TOP \ DISC

7:00 - 8:30PM RECOVERY ON THE GO
(712) 775-7031 907811#
LC

11PM - 12PM THE BRIDGE
(712) 832-8320 387870#
TOP \ DISC

SATURDAY

12:30 - 1:30AM **24 HOUR REPRIEVE**
(712) 432-0075 793893#
JFT

8:40 - 10:10AM **SPIRIT OF GRATITUDE**
(641) 715-3655 848885#
VAR

8:40 - 10:10AM **SPIRIT OF GRATITUDE REVISED**
(641) 715-3610 890926#
VAR

10:30 - 12:00PM **ONE PRIMARY PURPOSE**
(712) 432-0075 571968#
VAR

12:00 - 1:30PM **RECOVERY AT NOON**
(267) 507-0420 6213845#
VAR

3:00 - 4:30 PM **ILLNESS IN RECOVERY**
(641) 715-3660 474793#
LIT

5:00 - 6:30 PM **STEPPING UP IN RECOVERY**
(605) 562-3140 182862#
SWG

8:00 - 9:30PM **RECOVERY CONTINUES**
(641) 715-3605 343267#
SPK

11PM - 12AM **THE BRIDGE**
(712) 832-8320 387870#
TOP \ DISC